**5th Greek Aerial Acrobatics Competition**

**Date**: Saturday 06/05/2023-Sunday 07/05/2023

**Place**: N.Ikonio Basketball Arena, Perama 18863 – Greece

Contact :FB page - **greek aerial acrobatics competition**

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* **Athletic and Artistic Aerial silks**
* **Athletic and Artistic Aerial sling**
* **Athletic and Artistic Aerial hoop**
* **Duo** (2 or 3 athletes and same equipment for all)
* **Team** (2-4 athletes with one equipment each)
* **Free choice** (trapeze, straps, rope, cube etc)

**Categories:**

* **Kids (6-7, 8-10 beginners, 8-10 advanced, 11-13 beginners, 11-13 advanced)**
* **Young (14-17) beginners**
* **Young (14-17) advanced**
* **Adults – beginners**
* **Adults – advanced**
* **Adults – Professional**
* **“Aerial All Around Title”** (adding silks, sling and hoop score)
* **“Young Aerial All Around Title”** (adding silks, sling and hoop score)

1. Fill and save the form on your PC
2. Print and sign the form or use your e-signature and create PDF file
3. Send the file to [greekaerialcompetition@yahoo.com](mailto:greekaerialcompetition@yahoo.com)
4. Wait for our reply
5. Pay the participation fee
6. Send your music in MP3 or MP4 file until 16/4/2023 (file format: “name-category.mp3”)

Fee for one category: **50 EUR** Fee for every next: **25 EUR**

Fee must be transferred until **16/4/2023**

Bank account information:

|  |  |
| --- | --- |
| Owner | SPARTAKOS NIKAIAS SPORTS CLUB |
| IBAN | GR1701401340134002002025197 |
| BIC/SWIFT | CRBAGRAA |
| Message for the recipient | Name, surname of the applicant |

**Rules:**

**ATHLETIC CATEGORY:**

1. **Music duration**

kids 6-7, 8-10 : 2:30 - 3:00

kids 11-13, young 14-17 : 3:00 – 3:30

adults: 3:30 – 4:30

duo/team/artistic: 4:00 – 5:00

1. Floorwork: obligatory and no more than 5 sec. at the beginning and 5 sec. at the ending of the performance.
2. Costume of the participant: Participant must perform wearing good fitted, clean and tidy costume. It is forbidden to use decorations as feathers, thorns, or other sharp objects.
3. Hairstyle and make up: Ηair must be completely picked up so that the neck area stays entirely visible. Makeup is allowed.
4. Equipment:

* Aerial silks: the length is 8 meters; working height is 7 meters (8-ring and swivel). The fabric is middle stretching and the color is red.
* Aerial hoop: the outer diameter of the hoop is 100 centimeters and the diameter of the tube is 25 millimeters.

The aerial hoop is covered by fabric tape, and it is held by 1.5 meters belt with swivel at the top. Τhe minimum height from the ground will be at least higher than the height of the participant.

* Aerial sling: the length is 8 meters (4 meters each side) and width 2.5 meters .The two sides of the sling will end at one point with swivel at the top. The minimum height from the ground will be at least higher than the height of the participant.

**ARTISTIC CATEGORY:**

1. Music duration 4:00 – 5:00
2. Floorwork: No restrictions
3. Costume of the participant: It is forbidden to use decorations as feathers, thorns, or other sharp objects.
4. Hairstyle and make up: No restrictions
5. Equipment:

* Aerial silks: the length is 8 meters; working height is 7 meters (8-ring and swivel). The fabric is middle stretching, and the color is red.
* Aerial hoop: the outer diameter of the hoop is 100 centimeters, and the diameter of the tube is 25 millimeters.

The aerial hoop is covered by fabric tape, and it is held by 4 meters loop belt with swivel at the top. Τhe height from the ground will be specified from the participant.

* Aerial sling: the length is 8 meters (4 meters each side) and width 2.5 meters. The two sides of the sling will end at one point of attachment with swivel at the top. The height from the ground will be specified from the participant.

**SAFETY:**

• The Chief Judge may stop a presentation or disqualify a competitor if he/she determines that the performance of an exercise may result in unsafe conditions for the competitor

• All competitors must follow instructions regarding safety rules of the chief judge prior to the start of the contested category

• In HOOP the strap/belt/silk in the upper part is considered part of the equipment

• No additional people are allowed in the designated presentation area during the performance of the presentation. (in categories up to 10 years, the coach is allowed to be close to the athlete performing for safety reasons)

• In case of a fall, do not move even if you think you are fine.

Remain still until the event doctor arrives. Your music will stop and if your presentation resume is approved you will resume from the point of the fall.

• The use of protective layers is mandatory in all categories

**5th Greek Aerial Acrobatics Competition**

**Application of entry**

**Date:**

|  |  |
| --- | --- |
| **NAME** |  |
| **SURNAME** |  |
| **NATIONALITY** |  |
| **DATE OF BERTH** |  |
| **ADDRESS** |  |
| **COUNTRY** |  |

|  |  |
| --- | --- |
| **CATEGORY** |  |

**I fully agree with the terms of the Aerial Acrobatic Competition and I want to participate as a competitor to the International Category of the 4th Greek Aerial Acrobatics Competition at 6-7/05/2023.**

**Name – signature:**

This message is intended only for the addressee and contains information that is confidential or privileged. The information is intended only for the use of the addressee(s). Unauthorized use is strictly prohibited and may be unlawful. If you are not the addressee or his/her representative or have received this in error, you should not read, copy, disclose, distribute or otherwise use or retain this message or any part of it, except for the purpose of delivery to the addressee, thus any action taken or omitted to be taken in reliance on it is prohibited and may be unlawful, so please delete it and advise the sender immediately  
At Aerial Acrobatics Competition we are committed to protecting and respecting your privacy. That is why we have taken appropriate measures to ensure that the data you have provided to us is always secure. If you have any questions related to GDPR compliance or data protection, please contact us to [greekaerialcompetition@yahoo.com](mailto:greekaerialcompetition@yahoo.com)

|  |  |  |  |
| --- | --- | --- | --- |
|  | **THE PROTOCOL OF THE COUNTING COMMISSION** |  |  |
|  | **category:** |  |  |
|  | **Name:** |  |  |
|  |  |  |  |
|  |  | **max pts.** | **TOTAL SCORE** |
|  | **DIFFICULTY AND TECHNIQUE** | **50** |  |
| 1.1 | entering from the floor and climbs | 5 |  |
| 1.2 | hold of the elements | 5 |  |
| 1.3 | original combinations | 5 |  |
| 1.4 | original transitions | 5 |  |
| 1.5 | stands, hanging, wraps - aerial equipment | 5 |  |
| 1.6 | hazardous elements and spectacular tricks | 10 |  |
|  | (composition of three or more transitions, drops) |  |  |
| 1.7 | level of difficulty of the elements and its execution | 15 |  |
|  | **EXECUTION** | **50** |  |
| 2.1 | **CHOREOGRAPHY** | **35** |  |
| 2.1.1 | beginning of the performance and floor work | 5 |  |
| 2.1.2 | dynamic and amplitude | 5 |  |
| 2.1.3 | grace and posture | 5 |  |
| 2.1.4 | flexibility and splits on the equipment | 5 |  |
| 2.1.5 | classical waves (arms , legs, and torso) | 5 |  |
| 2.1.6 | end of performance | 5 |  |
| 2.1.7 | synchronization in doubles and groups - hold of rotation during exercises | 5 |  |
| 2.2 | **ARTISTRY** | **15** |  |
| 2.2.1 | facial expression | 5 |  |
| 2.2.2 | music and costume | 5 |  |
| 2.2.3 | musicality of the performance | 5 |  |
|  | **DESCENSION OF THE EVALUATION** | **for each case** |  |
| 3.1 | Arms, knees, feet (level of extension, straight lines) | 0,5 |  |
| 3.2 | fall from the equipment | 1-10. |  |
| 3.3 | slide on the equipment | 1 |  |
| 3.4 | control of the movements | 2 |  |
| 3.5 | costume and accessories that violate the regulation | 1-5. |  |
| 3.6 | continuation the performance after the end of the music | 0,5 |  |
| 3.7 | wiping of body parts on sport equipment | 2 |  |
| 3.8 | erotical elements or poses | 3 |  |
| 3.9 | singing, pronouncing of words or sounds | 1 |  |
| 3.10 | communication with audience or judges during the performance | 1 |  |
| 3.11 | visible repetition of identical elements besides climbs and entering into the exercises | 1 |  |
| 3.12 | breaking time limit (for floor work, routine duration and others) | 0,5 |  |
|  |  |  |  |
|  |  | TOTAL SCORE: |  |
|  |  | PLACE: |  |